

3rd KUP Grade Sheet – Red Tag to Red Belt

To pass you grading you will have to demonstrate:

- Moves and patterns from your previous gradings + Toi Gye
- Hand and Kicking Power against a bag or board
- Combinations up and down the floor (Freestyle)
- Demonstrate and name as many Punching/Striking techniques as possible
- Free Sparring – Ability to attack and defend
- One Step Sparring (Basic, with Take Downs)
- Grabs and Releases (Advanced ie. with Counter attack)
- Explain what techniques are designed for.

Interpretation of Toi Gye – 37 moves

Toi-Gye is the pen-name of the noted scholar Yi Hwang (16th Century) an authority on neo-Confucianism. The 37 movements of the pattern refer to his birthplace on the 37° latitude, the diagram represents scholar.

Red Belt signifies: Danger, cautioning the student to exercise control and warning the opponent to stay away.

New moves

Upset fingertip thrust	Dwijibun sonkut tulgi
'W' Shaped block	San makgi
Low double forearm pushing block	Najunde doo palmok miro makgi
Low knifehand guarding block	Najunde sonkal daebi makgi
Double forearm low section pushing block	Doo palmok Najunde mira makgi
X stance X fist pressing block	Kyocho so kyocho joomuk noollo makgi
Knifehand low guarding block	Sonkal Najunde Daebi makgi